(Street)

(City)

(Last)

SAN RAFAEL

CA

(State)

(First)

1. Name and Address of Reporting Person*

DOUGLAS FAMILY TRUST

94901

(Zip)

(Middle)

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol HANSEN NATURAL CORP [(HANS)]									Relationship of Reporting Person(s) to Issuer (Check all applicable)				
DOUGLAS KEVIN				ITANSEN NATURAL CORP [(HANS)]									Director X 10% Owner				
(Last) (First) (Middle) 1101 FIFTH AVE STE 360					3. Date of Earliest Transaction (Month/Day/Year) 01/07/2004									Officer (give title ${ m X}$ Other (specify below) $13({ m d})(3)$ group			
(Street) SAN RAFAEL CA 94901				4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person X Person A Person				
(City)	(S	tate) (Zip)											P	erson		
			le I - Non						Disp							l	1
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transa Code (Transaction Code (Instr.		4. Securities Acquired (AD Disposed Of (D) (Instr. 35)			d Sed Bei Ow	amount of curities neficially ned Following ported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	(,	A) or D)	Price	Tra	nsaction(s) etr. 3 and 4)		(Instr. 4)
Common Stock			01/07	01/07/2004			P		3,010)	A	\$7.	9	404,036	D ⁽¹⁾⁽²⁾		
Common	Stock			01/07	/2004			P		1,890)	A	\$7.	9	322,306	I ⁽²⁾⁽³⁾	By Douglas Family Trust
Common	Stock			01/07	/2004			P		1,400)	A	\$7.	9	306,499	I ⁽²⁾⁽⁴⁾	By James & Jean Douglas Irrev Desc Trust
Common Stock 01/			01/07	01/07/2004			P	700			A	\$7.	9	20,720	I ⁽²⁾⁽⁵⁾	By James E. Douglas, III	
		Та	able II - D							sed of, onvertib				Owne	ed		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transactio Code (Inst B)	on of r. Der Sec Acc (A) Dis of (posed D) str. 3, 4	6. Date Expiration (Month/D	n Date	•	Amou Secu Unde Deriv	rlying ative rity (Ins			9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code V	(A)	(D)	Date Exercisal		Expiration Date	Title	or	ount nber ires				
	d Address of	Reporting Person*															
(Last) (First) (Middle) 1101 FIFTH AVE STE 360																	

1101 FIFTH AVE STE 360							
(Street) SAN RAFAEL	CA	94901					
(City)	(State)	(Zip)					
1. Name and Address of Reporting Person* JAMES & JEAN DOUGLAS IRREVOCABLE DESCENDANTS TRUST							
(Last) 1101 FIFTH AVE S	t) (First) (Middle) 1 FIFTH AVE STE 360						
(Street) SAN RAFAEL	CA	94901					
(City)	(State)	(Zip)					
1. Name and Address of Reporting Person* DOUGLAS JAMES E III							
(Last) 1101 FIFTH AVE S	ast) (First) (Middle) 101 FIFTH AVE STE 360						
(Street) SAN RAFAEL	CA	94901					
(City)	(State)	(Zip)					

Explanation of Responses:

- 1. These shares are held directly and jointly by Kevin Douglas and his wife, Michelle Douglas.
- 2. Each of the reporting persons hereunder (individually, a 'Reporting Person' and, collectively, the 'Reporting Persons') may be deemed a member of a 'group' within the meaning of Section 13(d)(3) of the Securities Exchange Act of 1934, as amended (the 'Exchange Act'), or Rule 13d-5 promulgated under the Exchange Act with one or more of the other Reporting Persons. Although the Reporting Persons are reporting such securities as if they were members of a 'group,' the filing of this Form 3 shall not be deemed an admission by any Reporting Person that such Reporting Person is a beneficial owner of any securities other than those directly held by such Reporting Person.
- 3. These shares are held directly by the Douglas Family Trust and indirectly by Kevin Douglas. James E. Douglas, Jr. and Jean A. Douglas, husband and wife, are each a co-trustee of the Douglas Family Trust.
- 4. These shares are held directly by the James Douglas and Jean Douglas Irrevocable Descendants' Trust and indirectly by Kevin Douglas. Kevin Douglas and Michelle Douglas, husband and wife, are each a co-trustee of the James Douglas and Jean Douglas Irrevocable Descendants' Trust.
- 5. These shares are held directly by James E. Douglas, III and indirectly by Kevin Douglas.

By: /s/ Tim McGaw, Attorney-01/09/2004

By: /s/ Tim McGaw, Attorney-01/09/2004 in-Fact

By: /s/ Tim McGaw, Attorney-01/09/2004

in-Fact

By: /s/ Tim McGaw, Attorney-

in-Fact

01/09/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.