SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject	t to
Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPRC	VAL
OMB Number:	3235-0287
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hours per response:	0.5

1. Name and Address of Reporting Person [*] HALL MARK J			2. Issuer Name and Ticker or Trading Symbol HANSEN NATURAL CORP [HANS]		tionship of Reporting Person(s) to Issuer (all applicable) Director 10% Owner		
(Last) (First) (Middle) HANSEN NATURAL CORP.		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/18/2005	_ x	Officer (give title below) Senior VP, Hans	Other (specify below) en Bev Co	
1010 RAILRO	OAD STREET		4. If Amendment, Date of Original Filed (Month/Day/Year)	6 India	vidual or Joint/Group Filir	ng (Chack Applicable	
(Street) CORONA	CA	92882		Line)	Form filed by One Re Form filed by More the Person	porting Person	
(City)	(State)	(Zip)					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)				m Disposed Of (D) (Instr. 3, 4 and Securities Feature 5) Feature Beneficially (D		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)	
Common Stock	03/22/2005		М		15,000	A	\$8.15	0	D		
Common Stock	03/18/2005		S		12,500	D	\$56.81	29,500	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Sec Acq (A) o Disp of (I	umber vative urities uired or oosed O) (Instr. and 5)	6. Date Exerc Expiration Da (Month/Day/)	ate	7. Title an of Securiti Underlyin Derivative (Instr. 3 ar	ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$8.15	03/22/2005		М			12,000	(1)	01/15/2014	Common Stock	60,000	\$8.15	48,000	D	
Employee Stock Option (right to buy)	\$3.57							(2)	07/12/2012	Common Stock	20,000		12,000	D	
Employee Stock Option (right to buy)	\$8.15	03/22/2005		М			3,000	(1)	01/15/2014	Common Stock	15,000	\$8.15	12,000	I	Held by wife
Employee Stock Option (right to buy)	\$3.57							(2)	07/12/2012	Common Stock	10,000		6,000	I	Held by wife

Explanation of Responses:

1. The remaining options vest in four equal installments on January 15, 2006, 2007, 2008 and 2009.

2. The remaining options vest in three equal installments on July 12, 2005, 2006 and 2007.

<u>Mark J. Hall</u>

03/23/2005

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.