FORM 4

obligations may continue. See

Instruction 1(b)

Check this box if no longer subject to Section 16. Form 4 or Form 5

1 Name and Address of December December

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
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OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

5 Relationship of Reporting Person(s) to Issuer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2 Issuer Name and Ticker or Trading Symbol

EPSTEIN NORMAN						HANSEN NATURAL CORP [HANS]								(Check all applicable)							
EI JIE	EPSTEIN NORMAN													X Direct			10% Owner				
(Last) 550 MO	•	irst) CLE, SUITE 201	(Middle)		3. E		est Tran	saction (Month/Day/Year)					Office below	r (give ti)	tle	Oth belo	er (sp ow)	ecify			
					4.1	f Amer	ndmei	nt, Date	of Origin	al Fil	ed (Month/D	ay/Year)		6. Individual or Joint/Group Filing (Check Applicable							
(Street)	•												Line) X Form filed by One Reporting Person								
CORON	A C.	A	92880										Form filed by More than One Reporting								
(City)	(S	tate)	(Zip)			Person															
		Tab	le I - N	on-Deri	vative	Sec	urit	ies Ac	quire	d, Di	isposed (of, or Be	nefici	ally Owne	d						
1. Title of Security (Instr. 3) 2. Transa Date (Month/D					y/Year) Exe		2A. Deemed Execution Date, f any Month/Day/Year)		Transaction Dispos		ties Acquired (A) or I Of (D) (Instr. 3, 4 and		Beneficially Owned Following		6. Ownershi Form: Direct (D) or Indirect (I) (Instr. 4)		Indire Bene Owne	eficial ership			
										v	Amount	(A) or (D)	Price	Transactio	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common	Common Stock			08/18/	L			M		2,167	A	\$38.4	2,16	2,167		D					
Common Stock													4,00	00	I		By Shoreland Investments Limited ⁽¹⁾				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Dee Execution if any (Month/			5. Number of of Derivative			6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)				of S g e Securit	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amour or Number of Shares	er							
Stock Option (right to buy)	\$38.4	08/18/2011			M			2,167	(2)		06/09/2020	Common Stock	2,167	7 \$38.4	0		D				
Stock Option (right to buy)	\$68.11				_				(3)		05/18/2021	Common Stock	1,295	5	1,	,295	D				
Restricted Stock Units	(4)								(5)		(6)	Common Stock	661			561	D				

Explanation of Responses:

- 1. The reporting person is a director of Shoreland Investments Limited and disclaims beneficial ownership of these securities except to the extent of his pecuniary interest therein, and the inclusion of these shares in this report shall not be deemed an admission of beneficial ownership of all of the reported shares for purposes of Section 16 or for any other purpose.
- 2. The options are currently vested.
- 3. Options become fully vested on the last business day prior to the Company's 2012 annual shareholder meeting, provided that the reporting person continues as a director of the Company through such date.
- 4. Each restricted stock unit represents either (i) a contingent right to receive one share of the Company's common stock or (ii) a cash amount equal to the number of shares received as of the vesting date.
- 5. The restricted stock units vest with respect to 100% of such restricted stock units on the last business day prior to the Company's 2012 annual shareholder meeting, provided that the reporting person continues as a director of the Company through such date.

6 N/A

Remarks:

Norman Epstein

08/22/2011

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.